### Information For the Use Ambroxol (75mg) + Levocetirizine (5mg) + Montelukast (10mg)

## Levonoble AM Tablet

Ambroxol (75mg) + Levocetirizine (5mg) + Montelukast (10mg) Tablet

This combination medication is formulated to provide relief from respiratory conditions and allergic symptoms. Each component works synergistically to improve respiratory health and manage allergy-related discomfort.

#### **Composition:**

Uses:

- Ambroxol (75mg): A mucolytic agent that helps to thin and loosen mucus, making it easier to expel from the airways.
- Levocetirizine (5mg): An antihistamine that relieves allergic symptoms such as runny nose, sneezing, and itchy or watery eyes.
- Montelukast (10mg): A leukotriene receptor antagonist that reduces inflammation and prevents asthma symptoms by blocking the action of leukotrienes.

# • Ambroxol enhances mucus clearance by breaking down mucus structure, facilitating easier breathing.

- Levocetirizine blocks histamine receptors, alleviating allergic reactions.
- Montelukast inhibits leukotrienes, preventing airway narrowing and reducing inflammation.

**Dosage & Administration:** 

- Recommended Dose: One tablet daily or as prescribed by the physician.
- Route of Administration: Oral, with or without food.
- Duration: Follow the doctor's recommendation based on the condition and response.

#### **Contraindications:**

- Hypersensitivity to any of the ingredients.
- Severe renal or liver impairment (consult a doctor).

#### 1. Respiratory Disorders:

- Chronic bronchitis
- Asthma
- Chronic obstructive pulmonary disease (COPD)
- 2. Allergic Conditions:
  - Seasonal allergic rhinitis
  - Perennial allergic rhinitis
- 3. Cough Associated with Mucus:
  - Productive or wet cough

#### Side Effects:

- Drowsiness or dizziness (Levocetirizine)
- Nausea or stomach upset (Montelukast)
- Dry mouth or throat irritation (Ambroxol)
- Rarely, headache or fatigue.

#### **Precautions:**

- Avoid alcohol as it may enhance drowsiness.
- Use with caution in individuals with a history of psychiatric disorders (Montelukast).
- Not recommended during pregnancy or lactation unless advised by a healthcare provider.

**Storage:** 

- Keep in a cool, dry place away from direct sunlight.
- Store at a temperature below 30°C.
- Keep out of reach of children.

Note: Always take this medication under medical supervision. Consult your doctor if symptoms persist or worsen.

Manufactured in India for:



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